

# IT FELT LIKE MY BODY WAS DYING

By Ann Marot

From lying on a hospital bed two and a half months ago thinking that this might be the end of the road, to the glowing, energetic person that I have recently met, here is Serial Bratcher's story.

Serial was born in Oregon USA, moved to Canada when she was 14 and married at the early age of 16. By the time Serial was 21 she had had her 3 kids. Serial also had a slow metabolism so always had a weight problem.

After trying many diets and personal trainers she was just about to give up, but I am happy to say that she didn't, however this was just the start of many other problems to come.

Serial moved to Las Vegas after 9/11. She had consistent back problems, pinched nerve, which caused her much pain, so much so that she could barely walk.

She noticed that she was losing muscle mass, she had no strength, her skin was changing and because of the excessive swelling in her legs she couldn't walk far. She felt as though her body was dying.

In May 2013 she was taken to hospital with bad inflammation in her legs and not feeling well in her skin. Her blood pressure was sky high at 225/110. She was sent home and told that her electrolytes were out of whack.

On the 27<sup>th</sup> August 2013 her body was in so much pain and she was so uncomfortable that she thought that she was having a heart attack.



- *Collagen Critical to your Health*
- *Strengthens Musculoskeletal system*
- *Better Skin, Younger Look*
- *Reduces pain in Joints/more mobility*
- *Boosts Energy*
- *Improves Sleeping*
- *Appetite Control*
- *Kosher / Gluten Free*
- *First to the Market & good for you.*

***Collagen Protein – What is it!***



Before: Taken November 2013



After: Taken January 2014

### FOR MORE INFORMATION

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## It felt like my body was dying!

Her legs were so swollen that she couldn't walk or carry anything heavy, she could hardly function. She spent 3 days in the hospital again to leave not knowing what was wrong with her or how she could overcome her situation. She went off to the pharmacy and had no idea what she should get to make her feel better. Her blood pressure was still at 190/109.

Then something incredible happened. A friend of hers told her about this Collagen Protein Product. She ordered this product as well as all 5 of the company's flagship products and started taking them in October 2013. After taking them for one week she was feeling better.

Now if you know what Collagen protein is you will also know that after the age of 25, we begin to lose our natural collagen at the rate of at least 1% per year. Collagen production significantly decreases due to hormonal changes, diet, lifestyle factors, nutritional deficits, stress, trauma, dehydration etc. Women have lower amounts of collagen than men at all ages.

A common example of a decrease in collagen production is a drooping or falling of the skin and muscles as we age (ptosis).

She then did some serious research on this product and found out that Collagen is a chain of over 1500 amino acids and provides the structural integrity and cohesion between every cell and helps to hydrate our organs. Collagen helps form fibres and the connective tissue for almost all of our structure, including:

*Heart, lungs, arteries, discs, blood cells, skin, muscles, bones, cartilage, liver, hair, joints, nails, prostate and other organs.*

Within 2 weeks the swelling in her legs were gone and she started losing weight. She noticed that she had a huge amount of energy and her muscle mass was returning. Her skin was changing and 2 months later when I met Serial I looked at her and it looked as if she had had a facelift. She lost 18lbs and her shape was returning. These products have changed Serial's life and she has since gotten involved in the business to help others reach a better lifestyle and feel incredible.

Be a Healthier, Younger You in 2014!